



# 2019 Edmonds Community College Triton Volleyball Camps

## ADVANCED/RECRUIT CAMP

**DATES:** July 29 - 31, 2019

**COST:** \$175

**TIMES:** 9 AM - 4 PM

**GRADES:** 9-12

This camp is for High School athletes who will be in the 9th through 12th grades this fall. We have room for up to 30 total campers. The camp will be right before our college pre-season training which starts August 1. This camp is designed to give HS athletes some advanced training they can't get at an all-skills camp. It also gives prospects some general recruiting guidance. This camp spends almost 50% of the time on team-related skill improvement. Come learn from the Edmonds CC Volleyball Staff and see how we train our exceptional athletes. For our out of town athletes, home stays are available, contact our coach for details: [tony.miranda@edcc.edu](mailto:tony.miranda@edcc.edu)

## YOUTH ALL SKILLS CAMP - For Beginner & Intermediate Players

**DATES:** August 7-9, 2019

**COST:** \$125

**TIMES:** 9 AM - 1 PM

**GRADES:** 4-8

This camp is for 4th through 8th grade boys and girls of all levels. Each camp has room for up to 45 total campers and we encourage players of all levels to register. **Campers will be placed in 2-3 groups based on age and skill level.** Each camper will learn and/or improve the fundamental skills with athletes of similar skill and/or age: serving, passing, setting, hitting, and defense. For the more experienced campers, there will also be time spent on blocking and learning team offense & defense.



**NWAC Tournament: 4th Place, 32-8**

**North Division Champs, 12-0**

**Mt. Hood Tournament Champs**

**Michelle Dmitruk, North MVP &**

**AVCA All-American**

**Tony Miranda, North Coach of the Year**

## Why Train with the Tritons?

- Great summer training and learning opportunity with an experienced coach.
- Get ready for school volleyball
- Learn new skills and techniques
- Interact and work with the Edmonds CC staff and team
- Connect with the Triton Program

## Details

- All campers receive a Triton Camp Tee
- Wear your camp shirt to our pre-season home matches for free entry.
- Please bring a water bottle, knee pads, and good court shoes.
- Please do not bring your own volleyballs to camp.
- Come ready to learn and have a great time!

**All proceeds from our camps will support the Edmonds CC Volleyball Program**

## **Tony Miranda, Edmonds CC Head Volleyball Coach Welcomes you to Camp!**



Coach Miranda has over 25 years of coaching experience and enters his fourth season at Edmonds CC coming off consecutive 25+ win seasons and trips to the NWAC tournament. The 2018 season was their best in recent memory as the team went 32-8, took 4th place in the NWAC and Coach Miranda earned North Coach of the Year honors.

Coach Miranda is the director of NW Juniors VBC, one of the largest clubs in the region and has coached teams of all ages in the club. He is a member of the American Volleyball Coaches Association and has extensive experience training coaches and players.

Miranda has over 12 years college and over 25 years club coaching experience and has been a guest camp coach at Seattle University, University of Washington, and University of Oregon camps.



